Learning by Listening — Lesson 1: Listening Well and Speaking with Confidence

Ngang Memorial Higher Online School

ngang.48hourrfprescue.com

Our guiding principle: we guide each learner on the things they CAN do, so they become better in that domain.

Welcome

Welcome to Lesson 1. This lesson is made to be heard first. Listen to the audio lesson from beginning to end. Then listen again, one part at a time. Speak out loud when the lesson asks you to speak. There is no hurry. You can pause, listen again, and try again as many times as you wish.

What you will learn

By the end of this lesson, you will be able to:

1. Listen to a short passage and hear the main idea.
2. Repeat words and sentences clearly.
3. Answer simple questions out loud.
4. Speak about yourself in four or five sentences.

Part 1 — Getting ready to listen

Step 1. Sit in a quiet place. Turn off other sounds if you can.

Step 2. Take one slow breath in, and one slow breath out.

Step 3. Listen for meaning, not for every single word. Ask yourself: Who is speaking? What is this about?

Step 4. When you do not understand a word, keep listening. The next sentence often helps you.

Part 2 — Listen to the passage

Listen to this passage. It will be read twice in the audio lesson.

My name is Anna. I live in a small town. Every morning, I wake up early. I wash my face, I eat my breakfast, and I get ready for school. I like learning new things. My favorite subject is English, because I like to read stories and speak with my friends. Today, I want to learn how to introduce myself with confidence.

Part 3 — Repeat after the voice

Repeat each line out loud, in the pause after you hear it:

1. My name is Anna.
2. I live in a small town.
3. Every morning, I wake up early.
4. I like learning new things.
5. Today, I want to speak with confidence.

Now repeat them again, a little louder and a little slower. Clear speaking is slow speaking.

Part 4 — Answer aloud

Answer each question out loud, in a full sentence:

1. What is the speaker's name? — Answer: The speaker's name is Anna.
2. Where does Anna live? — Answer: Anna lives in a small town.
3. What does Anna do every morning? — Answer: She wakes up early, washes her face, eats her breakfast, and gets ready for school.
4. Why does Anna like English? — Answer: She likes English because she likes to read stories and speak with her friends.

Listen to the passage once more. Check your answers by listening, not by guessing.

Part 5 — Speak about yourself

Now it is your turn. Speak about yourself. Use these sentence starters, and finish each one with your own words:

1. My name is …
2. I live in …
3. Every morning, I …
4. I like learning …
5. Today, I want to …

Speak your five sentences once. Then speak them again. The second time, stand or sit tall, breathe slowly, and speak a little more clearly. That is confidence: not speaking perfectly, but speaking again, better.

Part 6 — Words to practice

Practice these words out loud, three times each: listen — repeat — answer — speak — confidence — morning — learn — friend.

Say each word in a sentence of your own. For example: “I listen carefully.”

Lesson check

You have finished Lesson 1 when you can do these things:

- Say the main idea of the passage in one sentence.
- Repeat the five sentences in Part 3 without stopping.
- Answer the four questions in Part 4 out loud.
- Speak five sentences about yourself.

If one part is still hard, practice only that part again tomorrow. Small steps, done often, build strong skills.

© Ngang Memorial Higher Online School — ngang.48hourrfprescue.com. All rights reserved.